Swimmers Clinic Health Commitment Statement

Our Commitment to You

Swimmers Clinic is dedicated to ensuring a safe and enjoyable environment for all participants. Our commitment includes:

- Respecting your personal decisions and allowing you to determine what activities you can safely undertake.
- Making every reasonable effort to ensure that our equipment and facilities are maintained in a safe and suitable condition for use.
- Taking all necessary steps to ensure that our staff and coaches are appropriately trained and qualified.
- If you inform us of a disability that may put you at a disadvantage in accessing our facilities or equipment, we will consider and implement reasonable adjustments where possible.

Your Commitment to Us

- You should only engage in activities within your own ability. If you have a medical
 condition that may affect your ability to participate safely, please seek advice from a
 relevant medical professional before using our facilities and follow their guidance.
- Familiarise yourself with all rules, safety instructions, and warning notices provided at our facilities or on our website.
- Understand that all physical activity carries inherent risks, and avoid activities that have been deemed unsuitable for you.
- If you are unsure about how to use any equipment, seek assistance from a Swimmers Clinic staff member.
- Inform us immediately if you feel unwell while using our facilities. While our staff are not medical professionals, a trained first-aid responder will be available on-site.
- If you have a disability, you must follow any reasonable safety instructions provided to ensure your well-being during activities.

Contact Information

For any questions or concerns regarding this statement, please contact:

Swimmers Clinic

Email: swimmersclinic@gmail.com **Website:** https://swimmersclinic.co.uk/

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